



The

Challenge



Sierra Army Depot, Herlong, CA

May 2005

Vol. 62 No. 4

2004 Army Suggesters of the Year Work at SIAD

By Clifford Louie
Industrial Engineer

Each year the Secretary of the Army hosts an annual awards ceremony to honor individuals who have made significant contributions to the Army. At Sierra Army Depot, Mr. Richard Chase (Equipment Operator), Mr. Richard Schmidt (Supervisor), and Mr. Sam Turner (QA Specialist) were selected to be the Army's 2004 Civilian Suggesters of the Year. In May they will travel to the Pentagon to receive recognition.

Their beneficial suggestion, "Outdoor Storage of Hospital Units," describes the former method of how Sierra Army Depot stored and maintained thirty-two hospital units for its customer, the United States Army Medical Materiel Agency (USAMMA). It consisted of storing the units on an outdoor hard stand and having each unit store all of its components (shipping containers, portable generators, dolly sets, and forklift trucks) together in one location.



Photo by Lynn Goddard
Colonel Paul Plemmons, left, proudly stands next to Richard Chase, Richard Schmidt, and Sam Turner who were selected to be the Army's 2004 Civilian Suggesters of the Year. The three individuals will travel to Washington, DC in May where they will be honored at the Pentagon for their suggestion of "Outdoor Storage of Hospital Units".

During the year, the components would undergo periodic inspection and maintenance. This frequently required that some components had to be moved out of the way so that other components could be inspected or moved to the shops for maintenance. Annual material handling cost of the former method was \$383,730.

Their suggestion proposed that the hospital components should be separated and stored in separate locations. Specifically, the shipping containers should be stored in one location while the generators, dolly sets, and forklift trucks should be stored in another location.

Their suggestion was approved by the customer and fully implemented in February 2004. During the past year, the Depot derived benefits that included a first-year savings of \$269,872, a 70% reduction of material handling, and an elimination of 4,409 manhours.

Congratulations to the two Richards and Sam and enjoy your trip to Washington, D.C.!

Remember Mother's Day - May 8th



Photos By Lynn Goddard

"I didn't know you did all this at Sierra Army Depot". Those were the words on April 6, 2005 from Brigadier General Steven Anderson, (pictured above) J-4, Logistics, Korea to Vince Sabatino during the Command Briefing portion of his visit. The far right picture captures Brigadier General Anderson experiencing the opportunity to drive the Super Stacker and move a container around.

Commander's View

As I write this piece, we here at Sierra and throughout the Department of Defense await Base Realignment and Closure information. We are to officially get the word in mid-May. Once we receive word on closure or to be retained, I will hold a town hall to provide all the information I have at the time.

Work at Sierra continues to increase and it seems like the pace increases in intensity by the day. This is all the more reason to really be engaged in good safety practices. There are many pieces of heavy equipment moving outside and inside of our buildings. It is imperative that drivers and pedestrians pay the utmost attention to what they are doing and insure constant situational awareness. We all must work hard at cutting our lost time accidents. Complacency kills!

I want to take a few sentences to remind our employees of proper computer use. We have all signed a memorandum stating what we can and cannot do on government computers. We have a new monitoring system and



Colonel Paul R. Plemmons can track inappropriate site visits to a person's computer. Adhere to the rules because it is the right thing to do. Personnel that violate the policy will be dealt with accordingly.

On May 30, we as a nation will celebrate Memorial Day. This is a day set aside to honor those who died in defense of this country. We commemorate this day each and every year to remind ourselves that the freedom we enjoy was not secured without great cost. This is a time to remem-

ber, but it is also a time to reflect on the gratitude we feel for the men and women in uniform protecting our nation and our freedom. Be generous in expressing this appreciation the next time you meet a Soldier. Medals and awards are given to some, but a simple and heartfelt "Thank You" is earned by all who serve, and have served, our country.

The words of Franklin Delano Roosevelt are as true today as they were in 1936 that "freedom cannot be bestowed, it must be achieved." Until the day when the world is free from tyranny, our freedom will be achieved only if Americans are willing to answer the call — to prove themselves worthy to be free. The heart, the spirit, and the soul of those who gave their lives for this country, live with us today.

I want to thank each of you for the hard work you do for the Depot and in support of our Nation's defense. Keep up the great work. Pride in Excellence!

THANK YOU SIAD

Sierra Army Depot,
On 24 March 2004, one year ago, I was involved in a tragic accident. I was out of work for several months with severe injuries. I received donated leave from SIAD employees during that time. I am extremely grateful for all the leave donated to me. I felt the support of the SIAD community everyday, you all helped carry me through the most difficult time of my life. Thanks for all of your well wishes, prayers, financial and emotional support. The assistance that my wife and I received made us feel like family in a frightening and uncertain time. SIAD provided an anchor for us when the world turned upside down and we felt completely lost. We count our blessings daily, thank you for being one of them.

Sincerely,
Darren J. Allbee, Fire Fighter
Sierra Army Depot



The Union's Position: AFGE, Local 1808

On April 5 & 6, Ms. Jean Santry National Representative for AFGE District 12 conducted Basic Steward Training for the new Union Stewards for AFGE Local 1808. The new stewards are Dana Landry; Shops Division, Drew Owens and Blake Marsters; Containerization and Assembly, Larry Cowan and Warren Tuft; Storage and Distribution and Kristena Quezada; Garrison. Congratulations to all of you for completing the Course. Also on April 13, Mr. Eugene Hudson, the National Vice President of District 12, visited the Depot. We met with COL Plemmons and discussed BRAC, NSPS and the Depot's roll in the direct support of our soldiers in Iraq and Afghanistan. Mr. Hudson then met with the Executive Board and the main topic was NSPS and the effect it will have on our Cost Of Living Allowances (COLAs), performance awards, pay increases, and pay banding, grievance



Jim Swistowicz, President and appeals process and the way you will be represented by the Union.

On May 16 the BRAC List will be announced, in July '05 Spiral One of the NSPS will take effect, after that there is a possibility that there will be another A-76 study throughout the Army, we will be effected by the outcome of any one of those decisions. As far as being Department of Defense employees there will always be changes or issues that will affect you in one way or another. We as Sierra Army Depot

employees must remain focused on what our ultimate mission is, and that is to support our soldiers around the world especially those who are fighting the Global War on Terrorism and the War in Iraq. We must ensure that everything that leaves this Depot is in good working condition, and is there when it is needed; so far we have done exactly that. I would like to make one thing perfectly clear that this Local Union or any of its' elected Officials or Stewards will not do any thing that will hamper or impede the execution and completion of our mission and I hope that the bargaining unit employees that we represent would not have it any other way. We will deal with each issue as it presents itself. My goal as the Union President, as is the Commanders', is to keep this Depot open. Let's remain focused and keep up the good work. Remember, "MISSION COMES FIRST."

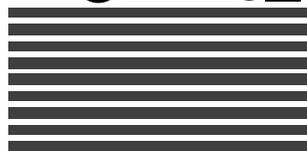
See UNION, Page 6

IN LOVING MEMORY

Elwood "Woody" Ridenoure, father of Ricky Ridenoure passed away in Susanville, CA on March 25, 2005. Mr. Ridenoure was a man of many talents. When he worked at Sierra Army Depot he was an ammunition handler, a painter, a fork-lift operator, a mill-wright, and a boiler mechanic. Woody was an avid outdoorsman who enjoyed hunting and fishing with family and friends, and who loved to spend time nurturing and tending his garden and fruit trees.

Our condolence to Ricky and his family on this loss.

The Challenge



Depot Commander/Publisher _____ Col. Paul Plemmons
Public Affairs Officer/Editor _____ Lori McDonald
Editorial Assistant/Photographer _____ Lynn Goddard



fit space.



Sierra Army Depot using "LEAN" as a Business Strategy!

By Bob Goldsmith
Simpler Consulting

Two years ago Sierra Army Depot (SIAD) chose a new strategy, "LEAN". This strategy emphasizes on continuous improvement, and requires involvement from the Depot employees. It has been proven to be successful at improving results across many different types of industries. How does LEAN work at SIAD? LEAN thinking looks at the value stream and asks, "How can things be structured so that the enterprise does nothing but add value, and implement it as rapidly as possible"?

The philosophy of LEAN is to understand what value is, and, what

processes and resources are absolutely necessary to create that value. Once that way of thinking is established, the next step is learning to see waste. If something doesn't directly add value, or if there is a way to do without it, it is waste. This method of thinking (and seeing) allows organizations to center on the functions that add value. This becomes the focal point for resources, information, decision-making authority and organizational energy.

The result of this organizational shift is teams developed with Depot employees designing their own processes, addressing issues, problem solving, developing corrective actions, and management focused on supporting

their employees. Empowering their employees makes it possible to identify and solve problems immediately.

The bottom line is customer satisfaction, and the customer is the War Fighter! SIAD's Strategic Plan identifies customer cost, schedules to meet the War Fighter's needs, and a quality product. As LEAN principles are implemented, performance will increase and the quality of the products will improve as well.

Sierra Army Depot has partnered with Simpler Consulting, Inc. to assist in their implementation of LEAN across the Depot's enterprise. Simpler has over 12 years of coaching from members of the original Toyota

Autonomous Study Group, the source for what we now call LEAN.

Through their Lean initiatives, SIAD has saved \$3.45 Million. These initiatives ranged from cutting labor hours in processes to cost avoidance savings of recovering inventory. These savings don't take in account, the savings from the main focal point, often affect other areas that aren't being measured. For instance, improvements in the supply division will improve every area that relies on the supply system. So far the Depot has spent \$1.25 Million on their Lean Activities, and the Return on Investment is \$2.2 Million. It looks like the Depot's Business Strategy is paying off!

SIERRA ARMY DEPOT RECOMMENDED FOR ISO 9001: 2000 CERTIFICATION

By Kevin Pasley
Quality Engineering Office

Sierra Army Depot (Mission Operations and Command Group) has been recommended for ISO 9001: 2000 certification based on the results of an audit that was conducted the week of March 21-23, 2005. The certification is pending the correction of minor findings that the audit team revealed during the inspection.

ISO certification has been a long journey for the employees at Sierra

Army Depot. I equate this journey to one that was taken about 100 years ago by a man named Horatio Nelson Jackson.

Horatio was the first person to drive an automobile across the United States. In 1903, Horatio and a mechanic, Sewall Crocker, departed San Francisco for New York. Horatio made a \$50 bet to some gentlemen in San Francisco's University Club that he could successfully make this trip in 90 days.

In 1903, there were very few paved roads in the United States. Many individuals had attempted this trip before but had failed while crossing the desert. Horatio and Sewall successfully completed their trip in a little over two months.

The Sierra Army Depot ISO team can relate to the adventures of Horatio and Sewall. When Sierra began the journey to become ISO certified, there were very few processes written in stone. The processes we did have were

See ISO, Page 8

Drug and Alcohol Screening Day



Photo By Lynn Goddard

Greg Pryor, seated, hands out information regarding Prevention of Drug and Alcohol Abuse to depot employees during the annual Sierra Army Depot Drug and Alcohol Screening Day.

MONTHLY LEAN/SIX SIGMA UPDATE

The Command goal is that every Depot employee be involved in at least one Lean event per year. This year, the pace of events has been significantly increased to meet that goal, with additional visits by our Simpler consultants, and when possible, multiple events per visit. Not everybody will be assigned to an event that is within their area of expertise, however, this allows not only for a fresh perspective to improve, but it also gives the employee an opportunity to learn more about how a job in another area is accomplished and give a better understanding of the problems faced in accomplishing a mission. Sierra Army Depot employees can expect to be assigned to at least one of four different types of events:

VSA

A Value Stream Analysis (VSA) is a study of how a process is accomplished in its entirety. Teams start by mapping out a process into each individual step to include regulatory and customer driven requirements. Waste and problem areas within the process are identified and attack plans are developed. It is also used to establish a vision for the future, a path to get there, and a way to measure progress. The Value Stream Analysis is a tool to look at a process and easily identify opportunities for improvement.

RIE

A Rapid Improvement Event (RIE) is used to implement change. Once problems have been identified, limitations have been established, and boundaries are determined (via a Value Stream Analysis), an individual part of a process is closely examined. From this a plan is developed, implemented, and then closely monitored to determine effectiveness.

3P

Product Preparation Process (3P) is designed as a planning event. It is a gathering from effected organizations, to determine how to prepare for a mission that has not started yet. During a 3P event, the incoming mission is examined in detail for the purpose of putting everything in place (personnel, equipment, location etc.) before a mission has started. It is in effect, a plan to save money before the money is even spent.

6S

Sort, Straighten, Scrub, Safety, Standardize and Sustain (6S). In appearance, it is a housekeeping event, but more so, it is a systematic approach used to create a safe, high performance workplace and ensuring that it stays that way. In essence it is primarily just common sense that forms the foundation for all future improvements and the basics for management for an effective workplace.

CRIME PREVENTION - *Personal Responsibility and Employee Involvement*

By John Bower

Criminal Investigator

As the Depot's Criminal Investigator, part of my job is to review criminal activity on Sierra Army Depot and assist the Commander and his Directors in maintaining an active and efficient Crime Prevention Program to counteract that activity. During the course of this year I will provide a series of articles to The Challenge on criminal activity both on the Depot and in our local area.

Since this is the first such article, it is appropriate that we address the number one criminal activity on Sierra Army Depot: Theft by employees.

The majority of our employees are honest people. Like all communities and business however; we have a small percentage of our population who have no respect for their employer, their co-workers, or others' rights of ownership. Theft by employees runs the gamut of taking nails, bolts, screws, pens or computer paper home for personal use, to stealing expensive tools, and highly sensitive military items.

During a recent 100% vehicle inspection of personnel leaving the depot, some items were thrown out of vehicles by depot employees waiting their turn to be inspected. These items were all property of the United States Government. Whenever government property is stolen, Sierra Army Depot pays for the replacement. That cost, no matter how it is levied, has a negative impact on Sierra Army Depot and its employees.

What is the primary reason this criminal activity takes place? Your silence. Every employee who knows of these thefts but refuses to tell appropriate authorities because they do not want to be a "snitch" is, by default, an accomplice. Every employee who witnesses suspicious activity but does not tell their supervisor, is aiding and abetting criminal, or potentially criminal, activity. Every supervisor that turns away so as not to see, or who hesitates to report activity to higher authority, is guilty of felicitation of criminal activity.

Every person who takes a cargo strap, a flight jacket, or a tool from the depot, is not your friend or co-worker - they are a thief. A thief without conscience, who is perfectly willing to risk your job in order to satisfy their personal whim or to fulfill their greedy desires. Every employee who knows of such activity and fails to report it is a fool indeed. For the employee who fails to report a crime is the person who will ultimately suffer for it.

Criminal activity, if not opposed, continues to grow; success emboldens the thief.

Law enforcement and security personnel do what they can, but there are only a finite number of them. Unless depot employees, as a whole, publicly decry this behavior and report the offenders, it will only get worse. It is your workplace and your decision, do your part in crime prevention; you can, and will, make a difference.

Dead is Dead

Chief of Police Pontificates on Highway 395 Travel

By Bill Harris

Chief of Police

I have been in Law Enforcement for pretty close to 30 years. It is a career of my choosing, and one that I have enjoyed for the most part. During my career I spent a few of these years in the seat of a police motorcycle working highway and freeway traffic. The most unenjoyable moments in my career were spent investigating fatality traffic accidents. I've seen dead, it ain't pretty! Dead is Dead, there ain't no coming back. No amount of "I'm Sorry," "I didn't mean too," "It was an accident," or "Please forgive me," will bring back the dead. I have seen the ugliness of traffic accident death and it still haunts my dreams. I've seen in others, and experienced in my own loved ones the devastation death has on a family as a result of a needless traffic accident. I have been the officer who had to tell a mother and father their child would never come home again. I realize it has been several years since I have had to work a fatality, but I'm pretty sure the ugliness of traffic accident death has not changed. Dead is Dead, it ain't pretty.

For the past couple of months, while traveling on Highway 395 from Susanville to the Depot and home again, I've witnessed some of the most irresponsible driving that I believe I have ever seen. I have been passed by vehicles traveling at extreme speeds, far above reasonable and prudent, I have witnessed vehicles crossing solid double yellow lines to pass others on hills, corners and within congested areas, I have even seen vehicles pass when oncoming traffic is close enough to constitute an immediate hazard, resulting in other vehicles having to slow down and move to the right to avoid a collision. The thing about it is folks; it's our own depot employees that are doing it. Dead is Dead, it ain't pretty.

When I see this type of erratic driving I don't get mad, I get scared. I get scared for the victim that is bound to come sooner or later. It's not a matter of if it happens, but when, and who will be scarred by it. It terrifies me to think about a parentless child or a childless parent. It bothers me that there are those who have no concept of what a 3 to 6 thousand pound mass of metal can do to the soft tissue of the human body. I'm also concerned for those who cause fatalities. Those who have to live the rest of their lives knowing they caused the death of an innocent person, shattered the well being of a loving family, took the security and dreams from a child, ended the relationship of friends and co-workers and not to mention, tear the heart out of the police officer, the firefighter, and the EMT who have to clean up the mess. Dead is Dead, it ain't pretty.

It's clearly easy to state, that we cannot even imagine the costs associated with a traffic accident. It can literally run into the hundreds of thousands in property damage and medical costs. This is above and beyond any legal costs resulting in a wrongful death suit and/or criminal charges. Costs of this magnitude can "KILL" a person's career and hopes for a successful future. Dead is Dead, it ain't pretty.

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Meet the New Sierra LEAD Facilitators



Photo By Lynn Goddard

Pictured left to right, Rob Harnden, Training Office, and Russ Collier, Paint Shop, attended the Leadership Education and Development (LEAD) Train-the-Trainer (TTT) Course from 28 February - 11 March 2005. This LEADTTT Course provided instruction in practical application of leadership doctrine and competencies including professional ethics, counseling skills, communications, group development theory, team building, motivation, problem solving and decision making, and co-facilitating skills to successfully facilitate the LEAD course here at SIAD. In the past LEAD facilitators came from other installations but now we have our own. CONGRATULATIONS Rob and Russ.

A TEAM EFFORT PRODUCES A WINNING LAYOUT

Depot Achieves FY05 VE Savings Goal
By Clifford Louie
Industrial Engineer

Recently the Assembly & Containerization Branch teamed up with the Value Engineering Office to produce a new layout of Bldg. 301.

Ms. Amy Johnson (work leader), her co-workers, and Mr. Clifford Louie (VE program manager) presented their proposal layout before Mr. Mike Pilkington, the Director of Mission Operations, and received his approval to implement it.

The current layout had four major problems: (1) an unused 560-foot long conveyor system that was a large physical obstruction in the building; (2) inefficient process flow; (3) inadequate storage space; and (4) inadequate equipment.

The team effort produced a layout with the following recommendations: (1) remove the conveyor system and send it to the AMI-NAMI project; (2) incorporate straight-line and U-shaped layout configurations; (3) purchase pallet racks; and (4) procure equipment such as a jib crane, a banding machine, and heat sealing machines.

The benefits of the proposed layout are: more productivity; minimal material handling; smooth and efficient process flow; adequate storage space, and safer and user-friendlier operations.

Also, at an estimated annual savings of \$540,000, the proposed layout helps the Depot surpass the FY05 VE annual savings goal of \$1,125,000.

A team effort using the VE methodology and employee input produced a winning layout. If you know of any processes or operations that could be made more efficient or cost effective, call the VE Office at X4330.



Photo By Lynn Goddard

The Assembly and Containerization Branch took the initiative to produce a new layout for Building 301 South to make it more user-friendly and more effective in order to achieve higher productivity. Standing in the back row from left to right Robert Stapp, Jessica Brooner, Jijce Verity, Amalie Johnson, Tom Arena, Sean Walker, and Gaosa Tautolo, Jr. The remaining team kneeling left to right consists of Bruce Pfeiffer, Daniel Wright, Brandon Harvey, and Chad Alexander. Congratulations to the Assembly and Branch team for becoming proactive in making your work place a more efficient area.



THE JOY OF RETIREMENT - CONGRATULATIONS JACK McDONALD

In 1983 Jack McDonald, right, began his civil service career in Sacramento, CA. He transferred to Sierra Army Depot in 1991 when BRAC closed the Sacramento Army Depot. Colonel Paul Plemmons, left, honors Mr. McDonald with a retirement certificate, U.S. Flag and retirement pin during a recent staff meeting. Jack McDonald retires on 27 April with a total of 21 years of federal service. One of his hobbies he plans to enjoy after retirement is quality fishing time. Congratulations Jack on your retirement and best of wishes to you!



Photo by Lynn Goddard

Mr. Eugene Hudson, National Union Vice President - District 12 (third from right) talks with the 2005 AFGE Local 1808 executive Board during his visit to Sierra. One of the major topics discussed during this trip was the up and coming NSPS and the effect it will have on the Cost of Living Allowance. See full story on page 2, "The Union's Position".

KEEP YOUR WORK AREA FREE
FROM SLIPS AND FALLS

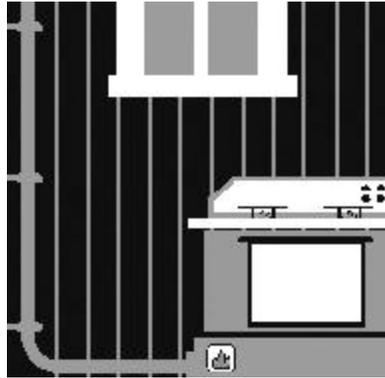


Cooking Fires Leading Cause of Home Fires

Fires caused by cooking are declining more slowly than home fires overall - fires caused by cooking remain the leading cause of home fires and home-fire injuries, a new study from the National Fire Protection Association (NFPA) has found. Although cooking fires have been declining, they are declining at a much slower rate than home fires with other causes. Why do these fires happen? Frequently it's because people leave cooking food unattended. Often the fire starts within the first 15 minutes of cooking, showing that there is no safe period of time to leave cooking unattended.

In 2001, the NFPA study found, there were 117,100 home fires involving cooking equipment. These fires resulted in 370 civilian deaths, 4,290 civilian injuries, and \$453 million in property damage. But that's only part of the story. Minor cooking fires cause hidden harm that doesn't show up in the official tallies. An independent survey found that each year, there are some 12.3 million cooking fires that are never reported to authorities, accounting for more than half of all unreported fires.

In most cases, these unreported cooking fires were confined to the cooking materials that first caught fire. But they are responsible for an estimated 642,000 injuries or illnesses (including headaches and dizziness)



each year-another reason why cooking fires are a concern.

Cooking fires are also dangerous because people can easily try putting them out the wrong way. What may first come to mind-using a fire extinguisher or splashing water-can make matters worse when it's a cooking fire, because these methods can cause splattering that spreads rather than contains the fire. Cooking fires should be smothered-by covering a pan with a lid or closing the oven

door, for example. Two out of three cooking fires in 2001 involved the range, particularly the stovetop.

Electric ranges have a higher risk of fires and related injuries and property damage than gas ranges, but gas ranges have a slightly higher risk of fire deaths. Electric ranges have become more widely used in recent years: the percentage of households using gas ranges declined from 47.2 percent in 1980 to 39.7 percent in 2001, while during the same period, the percentage of households using electric ranges increased from 52.1 percent to 59.9 percent.

The NFPA recommends these steps to reduce the risk of cooking fires: Make sure combustible items, such as rags, pot holders, curtains and bags, are kept far from the cooking surfaces. Don't leave cooking food on the stovetop and keep a close eye on food cooking inside the oven. Don't cook if you are drowsy or feeling the effects of alcohol, medication or other drugs. Roll up sleeves and don't wear loose-fitting clothing. If your clothes catch on fire, *stop, drop and roll* until fire is out. Clean cooking equipment regularly to remove grease or cooking materials that can ignite. Keep children and pets away from cooking areas by creating a three foot (or one meter) "kid-free zone" around the stove.

Unscramble the State Capitals

- | | |
|--|--|
| 1. NNLEISA
Capital of Michigan | 26. ELAICHR
Capital of North Carolina |
| 2. INNOAPAL
Capital of Minnesota | 27. NELJAU
Capital of Alaska |
| 3. BLYNMA
Capital of New York | 28. VREOD
Capital of Delaware |
| 4. DAICNIPASS
Capital of Indiana | 29. SFROU FEE NYO
Capital of Missouri |
| 5. HL SAFAFSA
Capital of Florida | 30. ILUNTFAA
Capital of Minnesota |
| 6. NIKROOCC
Capital of New Hampshire | 31. ULAHIBF
Capital of Tennessee |
| 7. NOUHLILO
Capital of Hawaii | 32. ERIVLI
Capital of Colorado |
| 8. RIMVOLA
Capital of Washington | 33. XPNBIOH
Capital of Arizona |
| 9. ERERPI
Capital of South Dakota | 34. KASBSHR
Capital of North Dakota |
| 10. AHEENL
Capital of Montana | 35. SBSIRRRAHII
Capital of Pennsylvania |
| 11. OCBES
Capital of Idaho | 36. HRAFDOET
Capital of Connecticut |
| 12. ARNMA OKI CITY
Capital of Oklahoma | 37. INIELWMPER
Capital of Vermont |
| 13. ATAATNL
Capital of Georgia | 38. SADVNO
Capital of Wisconsin |
| 14. POTFAK
Capital of Greece | 39. ENPLASSIS
Capital of Illinois |
| 15. BUCCMSU
Capital of Ohio | 40. DAUCIB M
Capital of South Carolina |
| 16. LNOCLIN
Capital of Nebraska | 41. JYINNEDE
Capital of Wyoming |
| 17. USINAT
Capital of Texas | 42. BLMAF
Capital of Oregon |
| 18. TALS ORAL YTOI
Capital of Utah | 43. SONVRODEP
Capital of Rhode Island |
| 19. NETOVRT
Capital of New Jersey | 44. JHRDNIC
Capital of Virginia |
| 20. NECTALO-SR
Capital of West Virginia | 45. JCVNTRDEDM
Capital of Alabama |
| 21. LAURTAG
Capital of Maine | 46. SED SMOEN
Capital of Iowa |
| 22. OSEN DT
Capital of Massachusetts | 47. KONSAR CITY
Capital of Kentucky |
| 23. KOAN SOU
Capital of Mississippi | 48. MATOB ERDEL
Capital of Louisiana |
| 24. OTABMRAONF
Capital of California | 49. SATAN E
Capital of New Mexico |
| 25. FFAONTTRIK
Capital of Kentucky | 50. TELTI OKOR
Capital of Arkansas |

SAMPSON AIR FORCE BASE REUNION

3650th Basic Military Training Wing, Sampson Air Force Base Veterans Association, Inc. To all Veterans of Sampson Air Force Base, Womens Air Force (WAF's), Perspective Members, Permanent Party, Basic Trainees, and Special School Trainees, 1950 through 1956.

The Reunion will be held at Sampson Air Force Base, now known as Sampson State Park, on Seneca Lake, Romulus, New York, September 8-11, 2005.

Contact Chip Phillipsat (716)633-1119 or email: chip34@aol.com.

UNION:

(Continued from Page 2)

Employee Appreciation Day will be held on Thursday, July 28, 2005. Training will be held in the morning and fun activities will be held in the afternoon. Please start forming your teams for **Tug of War; Home Style Softball; Water Balloon Fights, and Horse Shoes**. Look through your recipes and decide which one you will submit for the **Dessert Contest**. Start polishing up your Bike or Car for the **Show and Shine Contest**. Ask your Boss if he/she would be willing to take a turn in the **Dunk-a-Boss Tank**. More information will be posted in break rooms within the next month.

The monthly Union Meetings are on the first Tuesday of the month in Building 58 at 5:15 p.m. Non-members are welcome to attend. To contact the Union Office call 827-5375.

Child Youth Services Monthly Update

Open House/Summer Program Presentation

Child and Youth Services (CYS) is having their annual Open House and Summer Program Presentation. If you are interested in finding out what's going on at CYS this summer, this the perfect time to attend our presentation. You will be able to meet all highly trained staff, tour the facility, and get to participate in a sample youth program. Save the date and come and check out our program, the

date will be Wednesday, May 11 at 5:15pm. Please RSVP by May 9th, if you plan on attending as we will be serving refreshments. If you have any questions please contact Marsha Olsen or Renate Jones at 827-4696. See you there!!

SUMMER ORIENTATION AND REGISTRATION will take place 16-26 May.

CYS Rock Climbing Class

CYS is starting up their Rock Climbing Classes for the Spring. The

Rock Climbing Class will be held at RockSport Indoor Climbing Center in Reno, Nevada. CYS will be providing transportation. RockSport is providing a qualified instructor in the basics of safe climbing practices followed by half hour of recreational climbing. The sessions will start on Thursday, April 28th. There will be one class a week on Thursdays from 3pm-7pm (includes driving time). Monthly session is \$35.00. If you are interested in enrolling your youth please contact Marsha

at CYS at 827-4696. Come join in on the fun!!

CYS Upcoming Programs

CYS has been busy with Martial Arts Classes, Dance Team Practices, and various sports activities. We are now in the process of planning new programs for this spring and summer. Look for Tennis and Cooking classes becoming available soon! If you have any questions on activities or programs within CYS, call Marsha at 827-4696.



Christopher Annerl - Tom Arena
- Lain Ayers - Siobhann Baker
- Randall Barney - Heather Boatright
- John Bower - Vicki Campbell
- Gary Chandler - Donald Chase
- Jessica Cuevas - Donald E. Cook
- John Dingman - Teresa Dominguez
- Daniel Donovan - Douglas Eck
- Eddie Eger - Deverah Epstein
- Michael Gress - Michael Hewit
- Daniel Huff - Roxanne Lamb - Bernard Lindblom - Teresa Lingerfelt
- Greg Lompa - Herman Lucero
- Amanda Miller - Keith Miller - Louis Page - Mitchel Palmer - Dennis Pope
- Gregory Pryor - Kristina Quezada
- Kathleen Rausch - James Rebentisch - Dan Reid - Clifford Renoll - Lovina Retterath - Karen Rodriguez - Cemira Shaw - Jarrod St. Germain - Bryan Stevens - Timothy Stout - Craig Swanson - Gaosa Tautolo - Kathie Tavelero - Marcus Teat - Sammie Turner - William White - Lary Whitebird - John Worick

MWR Services

Skedaddle Inn Meeting Center

The Skedaddle Inn Meeting Center/Lounge is now open Monday - Thursday, 6:30 a.m. to 5:00 p.m., Thursdays until the last customer leaves. It is also equipped to cater large or small events.

Call the manager at 4360 or email: skedaddle.inn@sierra.army.mil. Business hours are Monday-Friday, 6:30 a.m. to 5:00 p.m.

Sierra Lodge/Guest House

Call the lodging manager, 4544, or email: skedaddle.inn@sierra.army.mil for information. Room rates from \$50.00 - \$60.00 per person.

Sierra Bowling Center and Snack Bar

Open Monday through Thursday, 11:00 a.m. to 8:00 p.m. Call 4442 for information. Check out the Lunch Specials Monday through Thursday. Delivery available on all orders received before 10:30 a.m. Contact the Snack Bar to book your birthday packages and holiday parties.

Physical Fitness Center

Open Monday through Thursday, 11:00 a.m. to 1:00 p.m. and 5:00 p.m.

to 8:00 p.m. Open Friday, Saturday, Sunday from 11:00 a.m. to 1:00 p.m. There is no charge for general use for military and depot personnel. For other authorized patrons, there is a \$2.00 daily charge with special monthly rates available. Regular membership is \$20.00, premier membership is \$40.00. A tanning bed is also available at a rate of \$6.00 per tan or a monthly rate of \$35.00. Use of the Racquetball Courts is only \$3.00 per hour.

Now available - Prepaid orders for custom hats, jackets, and shirts with depot logos.

ITR is available at the Physical Fitness Center. For more information call 4655 or email ITR@sierra.army.mil or ok.ferr@sierra.army.mil.

Outdoor and Equipment Rental

New party rental items are now available along with new ATVs. A safety class is required to rent ATVs and Boats. Also don't forget if you have not already taken the State of California test for water craft, now is

a great time to get it done - Warm weather is just around the corner. Books and test are available at the gym during regular business hours. **THIS IS A NEW REQUIREMENT TO RENT WATER CRAFT THIS SUMMER.** For reservations and information call Chris Long at 827-4354 or email Christopher.Long@sierra.army.mil.

Laundromat

Open daily, 6:00 a.m. to 10:00 p.m. in building 142. Cost for wash, \$1.25 and \$.50 cents with a longer drying cycle. Please call 827-4655 for additional information.

Recycling Center

Open Monday through Thursday, 6:30 a.m. to 5:00 p.m. Call 827-4504 or email vending@sierra.army.mil to schedule a pick up or service.

MWR Office

Administrative Assistant can be reached at 827-4497, Mon.-Thurs. from 6:30 a.m. to 5:00 p.m., or email jessica.cuevas@sierra.army.mil. Business Office is 827-4178 or 827-4609.

A Time to Remember Our Soldiers

HWY 395:

(Continued from Page 4)

You know folks, we're all here for the same reason, to make a living for our families. To finance the enjoyment of a life style we have chosen and to help make Sierra Army Depot successful well into the future. We are not here to put our lives on the line each and every time

we travel to and from work. It takes less than a second to die, and a lifetime to live. You Choose!

In conclusion, I would ask each of you to take a moment to consider the potential cost of a traffic accident each and every time you get behind the

wheel of an automobile. Consider the awesome responsibility you have, not only for the lives of those who ride in your car, but also for all those who share our roadways. Life is life, and it's precious.

Public Affairs Office
Sierra Army Depot
74 C Street, Bldg. 150
Herlong, CA 96113

Pollution Prevention Success Stories

By Allen Nosler
Public Works

The Pollution Prevention Act of 1990 Policy states:

The Congress hereby declares it to be the national policy of the United States that pollution should be prevented or reduced at the source whenever feasible; pollution that cannot be prevented should be recycled in an environmentally safe manner, whenever feasible; pollution that cannot be prevented or recycled should be treated in an environmentally safe manner whenever feasible; and disposal or other release into the environment should be employed only as a last resort and should be conducted in an environmentally safe manner. 42 United States Code 133, Section 13101(b)

The above Policy, approved by Congress, stresses how important pollution reduction, reuse and recycling have become in the last decade. Here at Sierra Army Depot (SIAD), we take environmental concerns serious as well. One of the components of Pollution Prevention (P2) is recycling. SIAD re-



cycles through a joint effort between Morale Welfare and Recreation (MWR), Defense Reutilization Marketing Office DRMO, and SIAD Environmental.

SIAD has two success stories that have developed in the last few months: 1. MWR has proposed to help out the Boy Scouts of America by donating shredded paper to them. This helps the depot by reducing the waste stream that may end up in the landfill or eliminating costs to send the paper somewhere else. 2. The second success story involves a joint effort between PW Environmen-

tal and DRMO in which SIAD saved approximately \$10,000.00 in cost avoidance by giving the batteries to a private company that shipped and re-used them. The batteries come from various sources throughout the depot such as maintenance repair and the motor pool. In the future we will include batteries from APCs and tanks which could drive the savings up significantly.

Our P2 efforts do not end there. We are constantly researching new environmental friendly products and

recycling technologies. One way we plan to do this is by joining the Pollution Prevention Partnership (P3). P3 is a partnership with other state DoD installations whose members meet quarterly to share new ideas for old or common problems. If you have any ideas or suggestions for P2, please call Allen Nosler in the Directorate of Public Works, Environmental Office at 4257. And remember, no idea is stupid; some just may not be feasible for this installation.



The New Food Pyramid

For more information on the new food pyramid structure, go to www.MyPyramid.gov

SIAD Reduces Air Pollution Emissions

By John Colberg
Environmental Office

Sierra Army Depot has reduced air emissions and improved worker protection at the paint booths. The paint booths now use low volatile organic compounds and reduced hazardous air pollutant paints and primers. The new paints and primers can generally be cleaned up with soap and water, instead of polluting paint thinners and solvents.

The new paint is easier to apply and lasts longer. The painters are exposed to less hazardous compounds. The

hazardous waste generated from the paint booths is also reduced, saving the depot money. Using less polluting paints also reduces the need for the depot to comply with environmental regulations.

The paint booths now use High Volume Low Pressure spray paint guns. The new spray guns increase paint transference, spraying more paint on the item and less paint into the air. Some of the new spray paint guns and a paint gun cleaner were purchased with FY04 Pollution Prevention Funds through the Environmental Office. The

environmental office has received \$5,000 per year for the last two years (FY04 and FY05) from TACOM to reduce air pollution from installation operations. SIAD recently received the FY05 funds. In the near future, the PW Environmental office will work with Mission to identify the best uses for the FY05 funds. It is not clear whether future funding will come to SIAD, but PW Environmental will continue to ask for funding.

The paint booth personnel and the Environmental Office continue to work together to reduce air emissions and

hazardous waste. For further information on reducing paint booth emissions, contact Mr. John Colberg in the Directorate of Public Works, Environmental Office at ext. 4565.



Memorial Day
May 30



very rough just like the roads that Horatio and Sewall traversed.

The road map we followed was unclear at times and admittedly we probably took a wrong-turn here and there. The situation was no different for Horatio and Sewall. Many times they

turned down the wrong road only to find out several hours later that they were going in the wrong direction.

The ISO team can relate because many of the processes changed over the course of the year and the Quality Policy, Quality Objectives, Quality Manual and Procedures Manual were updated as well.

Although these changes frustrated us at times, we knew these potholes had to be fixed or our Quality Management System (QMS) would end up looking like an Illinois highway after a bad winter.

Congratulations to all on the hard work that went into making this happen!

